



INDIAN SCHOOL AL WADI AL KABIR

Class: XI	Department: Physical Education	
Worksheet No: 1	Topic: Unit-4 Physical Education & Sports for CWSN	

A. Objective Type/ true or false/ Multiple-Choice Questions/ Fill in the blanks.

1. Principle of modification of rules is a part of

- (a) Adaptive Physical Education (b) Integrated Physical Education
(c) Inclusive Physical Education (d) Accumulated Physical Education

2. Another name of disabled sports is

- (a) Protective sports (b) Adaptive sports
(c) Accumulated sports (d) Physical sports

3. Full form of CWSN

- (a) Children with special needs (b) Children with social needs
(c) Children with sports needs (d) Children with scare needs

4. When was Paralympics started first?

- (a) 1930 (b) 1948
(c) 1970 (d) 1958

5. International games for deafs is popularly known as

- (a) Paralympics (b) Special Olympics
(c) Deaf Olympics (d) International Olympics

6. Special Olympics International was founded by

- (a) Kumi Aman (b) Eunice Knedy Shriven
(c) Maharaja Bhupinder Singh (d) Maharaja Ranjit Singh

7. The word Paralympics is derieved from

- (a) German language
- (b) Greek language
- (c) French language
- (d) English language

8. The term incursion is a term related to.....ideology

- (a) Emotional ideology
- (b) Physical ideology
- (c) Psychological ideology
- (d) Societal ideology

9. Medical professional who can help children with oral disorders are

- (a) Physiotherapist
- (b) Speech therapist
- (c) Physical education teacher
- (d) Physical trainer

10. Who organised a sports competition which involve veterans of world war II that has spinal injuries

- (a) John Peterson
- (b) Ludwig Guttman
- (c) Losy O' Souza
- (d) None of these

11. When was Deaflympics firstly organised?

- (a) 1924
- (b) 1925
- (c) 1955
- (d) 1954

12. What is the full form of IOC?

- (a) Indian Olympic Committee
- (b) Indian Olympic Committee
- (c) International Olympic Committee
- (d) International Olympic Centre

13. Disorder which is related to difficulty in speaking is known as

- (a) Fluency disorder
- (b) Articulation disorder
- (c) Dysphagia disorder
- (d) Dyslexia disorder

14. An athlete with total or partial limb loss is

- (a) Cerebral palsy
- (b) Amputee
- (c) Intellectual disability
- (d) Articulation disability

15. Full form of IPC

- (a) International Paraforce Committee
- (b) International Paraglowed Committee
- (c) International Paralympic Committee
- (d) International Paralympic Corporation

16. Difficulty with eating or swallowing is called

- (a) Articulation disorder
- (b) Fluency disorder
- (c) Oysphorgia disorder
- (d) Dyslexia disorder

17. Who is the president of IOA

- (a) Bhupinder Rana
- (b) Narender Dhruv Batra
- (c) Rajeev Mehta
- (d) Narinder Gautam

18. The role of a counselor is to help all students, including those with special needs to achieve

- (a) Full potential
- (c) Partial potential

- (b) Half potential
- (d) Negative potential

B. Short Answer Questions (30 to 60 Words)

- Q1. What is the role of Physical Education teacher for educating children with special needs?
- Q2. Write the aims of adaptive physical education?
- Q3. How a Physiotherapist helps children with special needs?
- Q4. What are the need of Inclusive Education?

C .long Answer Questions (150 to 200 Words)

- Q1.Explain in Detail special Olympic Bharat.
- Q2.Write in Detail Deaf Olympic. What are the aims and objectives of deaf Olympics.
- Q3. How a special education counsellor, occupational therapist, Physiotherapist, Physical Education teacher, speech therapist and special educator helps children with special needs?

