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| CLASS: 7 | INDIAN SCHOOL AL WADI AL KABIR |  |
| WORKSHEET NO.: 6 | Topic: MOTION AND TIME |  |
| With answers |  |  |$\quad$ Note: A4 FILE FORMAT $\quad$| DEPARTMENT: SCIENCE |
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| NAME OF THE <br> STUDENT: |

## I OBJECTIVE TYPE QUESTIONS:

1. The standard unit of speed is-
i) $\mathrm{km} / \mathrm{h}$
ii) $\mathrm{m} / \mathrm{s}$
iii) $\mathrm{km} / \mathrm{min}$
iv) $\mathrm{m} / \mathrm{h}$
2. The slope of the distance-time graph represents $\qquad$ of the object.
i) Distance
ii) Time
iii) Speed
iv) None of them
3. The time taken by a given pendulum of given length to complete one oscillation is-
i) Different at different times
ii) Same at all times
iii) Increases at different times
iv) Decreases at different times
4. The clocks and watches which are used for measuring time are based on:
i) Rectilinear motion
ii) Circular motion
iii) Periodic motion
iv) Rotational motion
5. Which instrument in the car shows the distance covered?
i) Speedometer
ii) Anemometer
iii) Odometer
iv) Hydrometer
6. When a body covers equal distance in equal interval of time then it is-
i) Periodic motion
ii) Non-uniform motion
iii) Average speed
iv) Uniform motion
7. Clock $\mathbf{X}$ has minute hand and hour hand whereas clock $\mathbf{Y}$ has hour, minute and second hands. Which of the following statements is correct for them?
i) Time interval of 20 seconds can be measured by both the clocks X and Y
ii) Time interval of 2 hours and 20 minutes can be measured by clock X only.
iii) Time interval of 6 minutes and 25 seconds can be measured by clock Y only.
iv) Time interval of 5 minutes and 5 seconds can be measured by both the clocks.

For the following questions, two statements are given- one labeled Assertion (A) and the other labeled Reason ( R ).
Select the correct answer to these questions from the codes (i), (ii), (iii) and (iv) as given below
i) Both $A$ and $R$ are true and $R$ is correct explanation of the assertion.
ii) Both $A$ and $R$ are true but $R$ is not the correct explanation of the assertion.
iii) $A$ is true but $R$ is false.
iv) $A$ is false but $R$ is true
8. Assertion (A): When a pendulum moves to and fro from its fixed position it is said to complete one oscillation.
Reason (R): Time period is the time taken by a pendulum to complete one oscillation.
Ans (ii) Both A and R are true but R is not the correct explanation of the assertion.
9. Assertion (A): The revolution of the earth around the sun is a periodic motion.

Reason (R): The type of motion where object repeats its motion after equal intervals of time is called as periodic motion.
Ans. (i) Both A and R are true and R is correct explanation of the assertion.
10. Assertion (A): A faster moving object covers more distance in less time.

Reason (R): The speed of faster moving object is less.
Ans. (iii) A is true but R is false.

## I. BASIC CONCEPTS LEVEL QUESTIONS:

1. Name any two devices which were used for measuring time in ancient period before pendulum clocks were made. [ Hint- sand clock and sundial]
2. Write the formula for calculating speed. [Hint- speed = distance/time]
3. What do the speedometer and odometer of a car record? [Hint: Speedometer of a car records speed of the car in km/h. Odometer of a car measures the distance moved by the vehicle.]
4. What was a year as per our ancestors? [Hint- A year was considered as the time taken by the earth to complete one revolution around the sun.]
5. What is meant by periodic motion? [Hint- The type of motion which is repeated in regular intervals of time.]
6. What do you mean by the statement 'a car is moving with the speed of $50 \mathrm{~km} / \mathrm{h}$ '? [Hint: The car has covered 50 kilometre in 1 hour.]
7. What is meant by an oscillation of a simple pendulum? [Hint: The pendulum completes one oscillation when its bob moves from one extreme position $\mathbf{A}$ to the other extreme position $\mathbf{B}$ and comes back to A.]
8. What is meant by time period of a simple pendulum? How can you calculate it?
[Hint: The time taken by the pendulum to complete one oscillation is called its time period. Time period $=$ Time taken $/$ Number of oscillations]
9. What are quartz clocks? Write its advantage. [Hint- Quartz clock is a special type of clock or watch which have an electric circuit with one or more cells. It gives more accurate time.]

## II. INTERMEDIATE LEVEL QUESTIONS:

1. Distinguish between uniform and non-uniform motion. [Hint-If a body covers equal distances in equal intervals of time, then the motion is said to be uniform. If a body covers unequal distances in equal intervals of time, then its motion is called as non- uniform motion.]
2. Identify the time measuring devices given below:

[ Sundial


Sand clock


Water clock]
3. A rocket travels at a speed of $15,000 \mathrm{~m} / \mathrm{s}$. Express this speed in km$/ \mathrm{h}$. [Hint- $54,000 \mathrm{~km} / \mathrm{h}$ ]
4. Draw a neat diagram of a simple pendulum showing its mean and extreme positions.
5. A simple pendulum takes 15 seconds to complete 5 oscillations. What is the time period of pendulum? [Hint- 3s]
6. A truck travels a distance of 540 km in 4.5 hours. Calculate its speed. [Hint- $120 \mathrm{~km} / \mathrm{h}$ ]
7. A car covers 20 km in $1^{\text {st }}$ hour of his journey, 40 km in next hour and 30 km in $3^{\text {rd }}$ hour.

Calculate the average speed. [Hint- $30 \mathrm{~km} / \mathrm{h}$ ]
8. A bus travels a distance of 480 km in 8 hours and a train covered a distance of 1200 km in 10 hours. Which one of the two travels faster- car or a train?
[Hint: Car-60km/h, Train- 120km/h. Train travels faster]
9. Find the distance between New Delhi to U.S.A, if an airplane moving with a speed of 900 $\mathrm{km} / \mathrm{h}$ takes 12 hours to travel from Delhi to U.S.A. [Hint- 10,800 km]
10. Rohan cycles down from his house to his school at a speed of $18 \mathrm{~km} / \mathrm{h}$ and reaches in 30 minutes. How far is his school from his house? [Hint- 9km]
11. A boy walks at a speed of $4 \mathrm{~km} / \mathrm{h}$. How much time does he take to walk a distance of 20 km? [Hint- 5 h ]
12. At 7.00 am, the odometer of a car reads 25777 . What is the distance covered by the car and its speed when the clock reads 9.15 am and the odometer reads 25867 ? [Hint- $90 \mathrm{~km}, 40 \mathrm{~km} / \mathrm{h}$ ]
13. Plot the distance time graph for the given values-

| Distance(m) | 0 | 10 | 20 | 30 | 40 | 50 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Time(s) | 0 | 2 | 4 | 6 | 8 | 10 |


| Distance(m) | 0 | 1 | 4 | 9 | 16 | 25 | 36 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Time(s) | 0 | 2 | 4 | 6 | 8 | 10 | 12 |


| Distance(km) | 0 | 5 | 10 | 15 | 20 | 20 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Time(min) | 0 | 5 | 15 | 20 | 30 | 35 |


| Distance(km) | 5 | 10 | 15 | 20 | 25 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Time(min) | 2 | 5 | 9 | 10 | 16 |

## IV. ADVANCE LEVEL QUESTIONS-

1. What is the advantage of distance-time graph? [Hint-Distance-time graphs give information about the nature of the motion of an object like uniform or uniform motion. Motion of an object can be represented by its distance-time graphs.]
2. What do the following graphs indicate?



[Hint- 1- The object is at rest, 2- the object is in non- uniform motion, 3 - the object is in uniform motion]

## V. EXEMPLAR QUESTIONS:

1. Given alongside is the distance-time graph of the motion of an object.
i) What will be the position of the object at 20 s?
[8m from the starting point]
ii) What will be the distance travelled by the object in 12 s?
[6m]
iii) What is the average speed of the object? [ $8 / 20=0.4 \mathrm{~m} / \mathrm{s}$ ]
2. Boojho goes to the football ground to play football. The distance time graph of his journey


from his home to the ground is given below-
i) What does the graph between point B and C indicate about the motion of Boojho? [Since B and C is parallel to time axis, so it indicates that he is at rest i.e., his speed is zero.]
ii) Is the motion between 0 to 4 minutes uniform or non-uniform? [Since the graph is not a straight line, it is non-uniform]
iii) What is his speed between 8 and 12 minutes of his journey?
[Speed $=$ distance $/$ time $=225-150 / 12-8=75 / 4=18.75 \mathrm{~m} / \mathrm{min}$ ]

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