



Checklist for Parents

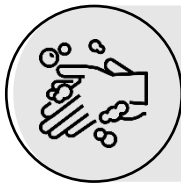


Monitor your child's health and keep them home from school if they are ill. Look for any following symptom

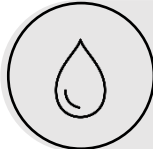
- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



Teach and model good hygiene practices for your children.



Wash your hands with soap and safe water frequently. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water, if hands are visibly dirty.



Ensure that safe drinking water is available and toilets or latrines are clean and available at home.



Ensure waste is safely collected, stored and disposed of.



Cough and sneeze into a tissue or your elbow and avoid touching your face, eyes, mouth, nose.



Encourage your children to ask questions and express their feelings with you and their teachers. Remember that your child may have different reactions to stress; be patient and understanding.