

INDIAN SCHOOL AL WADI AL KABIR SYLLABUS FOR THE MONTH OF SEPTEMBER, 2020 CLASS V

WEEK 2	WEEK 3	WEEK 4	WEEK 5
Chapter-4: Factors and Multiples	Factors and Multiples	Factors and Multiples	Chapter-5: Fractions
Searching for Food	Searching for Food	Health and Diseases	Health and Diseases
*SB Unit -4 The Broken Wing	* SB Unit 4 The Broken Wing	*CB Unit 9 Dear Mr. Examiner	*CB Unit 9 Dear Mr. Examiner
*Language Structure Prefix *Activity- Speaking- Debate	*Language Structure Suffix *Creative Writing Formal Letter	*Language Structure Prefix and Suffix mixed *Activity: Comic Strip	*Language Structure Prefix and Suffix mixed
	Chapter-4: Factors and Multiples Searching for Food *SB Unit -4 The Broken Wing *Language Structure Prefix	Chapter-4: Factors and Multiples Searching for Food *SB Unit -4 The Broken Wing *Language Structure Prefix *Activity- Speaking- Debate Factors and Multiples Factors and Multiples *SB Unit 4 The Broken Wing *Language Structure Suffix *Creative Writing	Chapter-4: Factors and Multiples Factors and Multiples

HINDI	*श्रुतभाव-4	पाठ-५ स्वास्थ्य	पाठ-५ स्वास्थ्य	पाठ-५ स्वास्थ्य
	*सर्वनाम	की खिचड़ी	की खिचड़ी	की खिचड़ी
		• Reading *शब्दार्थ	• Reading • अभ्यास कार्य [TB]	*लिग ,वचन
		* वाक्य रचना, * प्रश्नोत्तर	Language- पर्यायवाची , विलोम	• अनुच्छेद -5
COMPUTER SCIENCE	UNIT 8 - Powerpoint - Creating Slides	Enrichment Activity II (Unit 7)	Recap quiz Unit 3,7	Revision Worksheet I Revision for Midterm Unit 2,3,7
PE	Food and Nutrition Components of food Introduction of Game Basketball Workout at home Fitness tests	Food and Nutrition Healthy food Junk food Workout at home Fitness test	 Diet Importance of including variety of food in Diet Fitness test Workout at home 	Discussion about the food chart Fitness test practice Workout at home

ART	Drawing of a Fort	Drawing of a Fort	Drawing of a Flower Vase	Drawing of a Flower Vase
MUSIC	*Introduction of different types of Indian music.	Introduction of folk music of different states of India	Introduction of 3 types of voices and how to develop	Teaching how to create some more Alankars for
	*Gandhi Jayanti song		them with different exercises	vocal practice.
YOGA	Balancing asana	Relaxing and backbending	Twisting Asanas :	Pranayam:
	Kakasana (Crow)			
		Asanas:	Parvrit Utkatasan	Anuloma Viloma
	Natrajasna (+ Variation)	Ushtrasana Repeat	Chair Pose	(Alternate nostril Br)
	Merudand Naukasan	Poorna bhujanagasana	Ardha matsyendrasan	Bhramari
				(Bumble Bee Breath)

		Repeat :	Spinal Twist	
		Kapotasana		Dandasana (Push Up)
		(+ Retention)		
DANCE	•Exploring new	•Same as in	•Continuation of dance	•Completing Single hand
	dance steps with	continuation	steps and paada bheda movements	gesture- mudras
	song	as week-1		
	•Continuation of	•Introducing		
	Ankle strengthening	Paada		
	movements	Bheda-leg		
		movement		