



INDIAN SCHOOL AL WADI AL KABIR

ACADEMIC YEAR: 2019-2020: CLASS: XII

SUBJECT: PSYCHOLOGY

SYLLABUS PLAN – (MARCH 2019 – MAY 2019)

Month	No. of working days/periods	Week		No. of periods	Topic
		From	To		
March 2019	2 Days	13 th Mar 2019	14 th Mar 2019	2	Introduction of syllabus
	5 Days	17 th Mar 2019	21 st Mar 2019	5	Unit 1: Variations in Psychological Attributes Introduction Individual differences in human functioning Assessment of psychological attributes
	6 Days	24 th Mar 2019	31 st Mar 2019	6	Intelligence Theories of Intelligence Individual differences in Intelligence Culture and Intelligence
April 2019	4 Days	01 st April 2019	04 th April 2019	4	Emotional Intelligence Special abilities Creativity
	5 Days	07 th April 2019	11 th April 2019	8	Unit 2: Self and Personality Introduction Self and Personality Concept of Self Cognitive and behavior aspects of Self Culture and Self
	5 Days	14 th April 2019	18 th April 2019	8	Concept of Personality Major approaches to the study of Personality
	5 Days	21 st April 2019	25 th April 2019	8	Assessment of Personality

	3 Days	28 th April 2019	30 th April 2019	5	Unit-IV: Psychological Disorders Introduction Concepts of Abnormality and Psychological Disorders Classification of Psychological Disorders
May 2019	2 Days	01 st May 2019	02 nd May 2019	3	Factors underlying Abnormal Behavior
	5 Days	05 th May 2019	09 th May 2019	8	Major Psychological Disorders (any 5-8 disorders with case studies) <ul style="list-style-type: none"> • a. Anxiety Disorders • b. Obsessive-Compulsive and Related Disorders • c. Trauma-and Stressor-Related Disorders • d. Somatic Symptom and Related Disorders • e. Dissociative Disorders • f. Depressive Disorder • g. Bipolar and Related Disorders • h. Schizophrenia Spectrum and Other Psychotic Disorders • i. Neurodevelopmental Disorders • j. Disruptive, Impulse-Control and Conduct Disorders • k. Feeding and Eating Disorders • l. Substance Related and Addictive Disorders
	5 Days	12 th May 2019	16 th May 2018	8	Unit Test Preparation
	5 Days	19 th May 2019	23 rd May 2019	8	Unit Test – I
	5 Days	26 th May 2019	30 th May 2019	4	Preparation for the holiday project (Practicals)
	Total	57 Days			77

