INDIAN SCHOOL AL WADI AL KABIR



PSYCHOLOGY

Holiday Assignment (Summer 2018-19)

I. Unit III (Biological bases of human behavior – Culture)

- 1. Explain the meaning of culture and describe its important features.
- 2. Do you agree with the statement 'Biology plays an enabling role, while specific aspects of behavior are related to cultural factors'? Give reasons.
- 3. Describe the main agents of socialisation.
- 4. Distinguish between enculturation and socialisation.
- 5. What is acculturation? Is it a smooth process?
- 6. Discuss the acculturation strategies adopted by individuals during the course of acculturation.

II. Informational Interview

Contacting/visiting a psychologist who fits into one of the branches/fields mentioned in Unit I and interviewing them.

Following is the list of interview questions, report format and sample of appointment letter.

Interview Questions

- 1. How did you become interested/motivated to join this field?
- 2. What kind of education, training, or background does your job require?
- 3. How did you begin your career?
- 4. How does a typical work day/week be like for you?

- 5. What kinds of problems do you deal with?
- 6. What part of this job do you personally find more rewarding and more challenging?
- 7. What do you love the most about what about what you do? Anything you dislike?
- 8. What are the common misconceptions about what you do?
- 9. What current issues and trends in the field should I know about/be aware of?
- 10. What are some common career paths in this field?
- 11. What skills, abilities, and personal attributes are essential to success in your job/this field?
- 12. What related fields do you think I should consider looking into?
- 13. How do you see the field of psychology changing/evolving in the next 10 years?
- 14. If you could do it all over again, would you choose the same path for yourself? If not, what would you change?
- 15. What advice would you give someone who is considering this type of field?

Report of the Interview

- 1. Whom did you interview? Why did you choose this person, where and when did you meet for the interview?
- 2. Summary of the person: Name, Age, Occupation, Organization.
- 3. How did you begin the interview? How did you feel during the interview? Was the interviewee comfortable and cooperative?

4. Summary of the interview – Questions and Answers.

5. What was the highlight of the interview – most surprising piece of information

you learnt from the interviewee.

6. How your experience was and what did you learn from the interview?

Note: The report should be typed on A4 size sheets and enclosed in a file with a cover page.

(Format: Times New Roman font size 12. Double spaced and justified text.)

Sample Appointment Letter

| Subject: Request for an appointment | Date |
|--|------------------|
| Dear Mr./Ms., | |
| My name is, and I am a high school student studying in | Indian School |
| Al Wadi Al Kabir, Muscat, Oman. Psychology is one of my core subje- | ects I've chosen |
| in Class XI-XII. As a part of my assignment, I'm assigned to get a v | aluable insight |
| from an expert in this field. Considering your outstanding reputation | in this field of |
| practice, I would greatly appreciate the opportunity to meet with | you briefly to |
| discuss the practice of your specialty. I believe your advice would be | e most valuable |
| in helping me better define my future with psychology. | |
| Any further insights you have would be greatly appreciated. I pron | nise not to take |
| more than 20 minutes of your time. | |
| I look forward to meeting you and learning from your experience. K | indly, schedule |
| an appointment based on your convenience. | |
| Thank you. | |
| Name/Contact | |

